

Grade 1

Sifal School (DSS) follows the course prescribed by the Curriculum Development Center (CDC), government of Nepal.

However, to maintain the world class standard on Mathematics and Science with the enhanced focus on Essential Skills, Language Skill, ECA Skill and Academic Fundamentals, the school has also developed its own multiple DSS Credit courses. Such courses are believed to be highly contextual and pragmatic.

SN	Subject	Credit Hours	Annual Course Hours	Course Type
1	Nepali	3	108	CDC Credit
2	English	3	108	CDC Credit
3	Mathematics	4	144	CDC Credit
4	हाम्रो सेरेफेरो	5	180	CDC Credit
5	Science	4	144	*DSS Credit
6	Sanskrit	2	72	*DSS Credit
7	Coding	2	72	*DSS Credit
8	Nepali Reading	2	72	*DSS Credit
9	English Reading	2	72	*DSS Credit
10	Maths Drilling	1	36	*DSS Credit
11	DSSTalk	1	36	*DSS Credit
12	Visual Arts	1	36	*DSS Credit
13	Dance	1	36	*DSS Credit
14	Music & Vocal	1	36	*DSS Credit
15	Theater	1	36	*DSS Credit
16	BasketBall	1	36	*DSS Credit
17	Futsal	1	36	*DSS Credit
18	Taekwondo	1	36	*DSS Credit
19	Table Tennis	1	36	*DSS Credit
20	Badminton	1	36	*DSS Credit
21	Chess	1	36	*DSS Credit
22	Yog	1	36	*DSS Credit